

as is the case in the Soudan at the present day.

The esteem with which salt is regarded, is not unanimous, however. About the year 1830 there appeared in England a volume by a certain Dr. Howland with the following title: "Salt the forbidden fruit or food; and the chief cause of diseases of body and mind of man and animals, as taught by the ancient Egyptian priests and wise men and by scriptures, in accordance with the author's experience of many years."