

The Farmington Enterprise

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Salt Rising Bread Contains No Yeast; Rises By Fermentation

Salt rising bread is different in that it contains no yeast at all — it is started by scalding a mixture of cornmeal, sugar and salt in hot milk to the consistency of mush. It is a heavier type with a sweetish taste which is a favorite of many people.

Since only a moderate amount of salt is used, the origin of the name "salt rising" is its only mystery, says Mrs. Ruth Beagle of the Michigan State College foods and nutrition department.

When this cornmeal mush is allowed to ferment overnight bacteria develop, forming gas which causes the bread to rise. This mush mixture is called "rising" or "lighting" or "emptiness" in various sections of the country.

In the morning, after the starter is ready, the water, soda and flour are added to make a thick batter. Then this is allowed to rise for two hours when more flour is added. A small amount of lard is worked into the dough before the loaves are finished as in any other bread.

Salt rising bread is not mysterious in itself. It should never be confused with yeast starters or even sour dough bread. It is different for it contains no yeast at all.

U-M Prof Says Banks Need Market Research

Banks face problems in selling their services, just like any other business, Donald R. G. Cowan, professor of marketing at the University of Michigan School of Business Administration, contends.

In fact, because bankers sell intangible service, their selling problems are among the most difficult to solve, he reports in an article appearing in the current issue of "Michigan Business Review," a bi-monthly publication of the school. Marketing research can be applied to the whole area of selling bank services, Professor Cowan contends.

Brazil Nut Stuffing Vies With Bird



Turkey holds a place of honor at holiday feasts. However, we can still add something new to its glory by way of an unusual stuffing. A Brazil nut and bread cube stuffing is new and truly excellent. Creamy, chopped Brazil nuts add richness of flavor and texture to the bread base. It is this nut flavor that stimulates the family toward second helpings of a stuffing that will compete in interest with the turkey.

Shelling of the big, crinkly Brazil nuts for holiday use is simplified if the nuts are boiled about three minutes in water. Then drain and cover the nuts with cold water for a minute. Once the shells are softened, the nut meats can easily be removed.

As a special treat with the dessert course, serve toasted Brazil nut chips. Thin, lengthwise slices of Brazil nuts are dotted with butter, sprinkled lightly with salt and toasted 15 to 20 minutes in a moderate oven.

Brazil Nut Turkey Stuffing

8 cups cubed, day-old bread 1/2 cup diced celery
1 teaspoon poultry seasoning 2 cups finely chopped Brazil nuts
1 1/2 teaspoons salt 1/2 cup butter or margarine
2 small onions, finely chopped 1/4 cup boiling water

Combine in large mixing bowl, bread, seasonings, onion, celery and Brazil nuts. Melt butter in boiling water. Pour over bread and toss with fork until well mixed. Stuff into bird lightly.

YIELD: about 12 cups stuffing for 10 to 15 pound turkey.

No Gadabout, This Gal

Psychologists Say Modern Mother's Interest Centers On Family, Home

The modern mother's main interests are still centered in her home and family, despite popular ideas to the contrary.

That is the general opinion of the country's leading child and educational psychologists, reflected in a survey that has just been made by the Parents' Consultation Ser-

vice of the Book House for Children. In the nationwide poll, conducted over a three-month period, 1,000 psychologists were asked whether or not they thought "the average mother today spends too much time and devotes too much energy to interests outside the home."

Findings were based on a projection of replies from 353 respondents. Of these 224 thought the average mother today did not spend too much time outside the home. Less than one out of three, or 104, felt she did, and 56 either expressed no opinion or failed to answer the question directly.

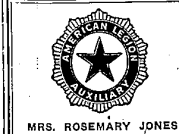
One distinguished psychologist observed bluntly: "The average mother with no household help hasn't the time for gadding about, and there are plenty of working mothers."

Another declared: "I believe the average mother is more content in her home, despite attempts by her discontented sisters to belittle her."

A third pointed out that "many mothers are compelled by economic circumstances to work," and that "while some mothers may spend too much time in idle activities outside the home, most of them do not."

According to the survey, the modern psychologist is not in sympathy with the popular idea that the average mother is a "gadabout" who has been freed from all home responsibilities by the can opener, automatic washing machine and other labor-saving devices.

However, a number of the psychologists queried observed that while the average mother probably does not spend too much time outside the home, some mothers do.



MRS. ROSEMARY JONES

The regular meeting of the American Legion Auxiliary Unit 346, held Monday, November 12, was small in attendance but mighty in its determination to complete the membership quota filled before the December deadline. It took a lot of time and a lot of work, but thanks to the members and chairman who worked so diligently, Unit 346 made the grade.

Mrs. Hattie DeVriendt and Mrs. Trenna Quinn, who were hostesses at the card party Thursday, October 22, turned in \$57.28 net profit. Everyone had a good time.

Rehabilitation chairman Mrs. Hattie DeVriendt had a display of twenty beautiful gifts for the Auxiliary members to see. The gifts will be taken to Eastern Veterans Hospital to be wrapped and distributed.

Mrs. Mary Willard, Auxiliary president, and Mrs. Norma Hoffman, child welfare chairman, are in the midst of planning for the American Legion mid-winter conference to be held in Lansing December 7, 8 and 9.

Mrs. Maggie Catherman is on the sick list. Hurry up and get well, Maggie, we need your sunny smile and support at our meetings.

Don't miss this announcement folks. On November 26 at 10:45 a.m. over radio station WCAR, Mrs. Trenna Quinn is going to speak on membership. Trenna is music chairman and department membership chairman.

Re-enrollment of members and new members for 1952 is on the increase throughout the United States.

National enrollment for 1952 was approximately 225,000. On November 1, one of the heaviest advance enrollments in Legion Auxiliary history. The organization has 975,000 members enrolled for the one million mark during the coming year.

Increased membership strength is being sought by the American Legion Auxiliary to meet its needs. As the largest women's patriotic organization in America. With the Korean War continuing to send home its stream of disabled men, with the rearmament program disrupting normal life and with the threat of all-out war still hovering over us, there is increased need for the Auxiliary programs of rehabilitation, child welfare, national security and Americanism activities. We hope every eligible woman will come into the Auxiliary now and help us in the important work we are doing.

Orchard W. S. C. S. Holds Social Meeting

The Women's Society for Christian Service of the Orchard Methodist Church met at the home of Mrs. Kenneth Siler of Orchard Lake Road for its social meeting of the month Thursday evening, November 15.

Readings were given by Mrs. Leroy Lord and Mrs. A. G. Leonard and there was a white elephant sale.

The next meeting will be in the church Thursday, December 6, at 8 p.m. Hostesses for the evening will be Mrs. Edward Forkel and Mrs. George Fryer.

Parents Can Check Christmas Tension

Within the past few years the trend has been to push Christmas upon us weeks before that great day arrives. Store windows have been giving us more than shy hints since late October. Santa Claus appears on the streets much earlier in recent years and parents wonder how to keep the excitement down to a normal level.

Miss Jean Folkrod of the Michigan State College home economics faculty, sees the impact of this premature Christmas as she works with young children in the campus nursery schools. She says that while one month for Christmas preparation seems all too short to a busy mother, it seems an eternity to a child. To most little children even a week is a very long time.

Let the child have a normal place in preparations for the Christmas holiday. His very activity and sense of being a part of it will relieve the strain of wondering what he's going to get for Christmas. If parents want to avoid that overstimulation, harmful to the health of the child, the simplest way is to take it easy on pre-Christmas preparations, Miss Folkrod suggests.

Over-stimulation over a long period will begin to show up in irritability and restlessness which are symptoms of fatigue. When children are unhappy the whole family is upset.

The WOMEN'S PAGE

Items of Interest to
Feminine Farmington

Artist To Be Guest Speaker AT YWCA

Mrs. Marion E. Sober, artist, will be guest speaker at a meeting sponsored by the Ladies Day Out Program of the Northern YWCA. Mrs. Sober's program on American Arts and Crafts will take place at the Branch Building, 13130 Woodward, on Wednesday, November 23, from 12:30 to 1:30 p.m. All women from the community are cordially invited to attend and there is no charge.

Mrs. Sober will present an informal discussion of trends in American designs, one-of-a-kind creations, and interesting facts about the lives and styles of American craft artists. Mrs. Sober studied at the Yale School of Fine Arts in Connecticut, Wellesley College in Massachusetts, and Wayne University where she received her Master of Arts degree, and where she later became instructor in drawing, basic design and fine arts. She has lectured before women's clubs and school groups. One of her recent activities is children's pastel portraits.

A crinoline ruffle added to a petticoat is the trick for making those full skirts stand out as teen-age girls like them.

Woman's Club Holds November Meeting

Because of the snow storm, the November 7 meeting of the Farmington Woman's Club was postponed one week and was held Wednesday, November 14, at the home of Mrs. Harry Brundie, 33640 Hillcrest. Club president Mrs. Ralph Noble called the meeting to order. Miss Meriah Andrews gave a report of the meeting of the Oakland County Federation of Women's Clubs held in Berkley November 3. The club voted to send a CARE package to Korea. The speaker for the afternoon was Mr. Harry Brundie, who gave a thought-provoking talk on the importance of human relations. Members are urged to remember the Jane Alden dresses for the December meeting. Tea and cookies were served by the hostess, Mrs. A. G. Leonard poured.

Canned hams can come to the rescue when you plan to serve many guests. Although they cost more in the beginning there is less waste. And since they are pre-cooked, the baking time is cut to about one and one-half hours, depending upon the size.

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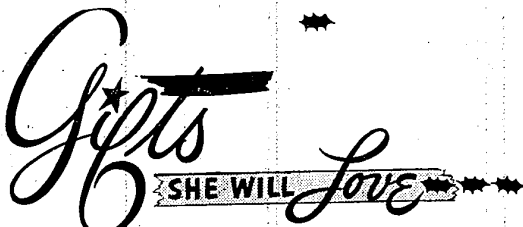
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