

# Garlic Flavor Up In Favor

By ELLY  
During the past decade, the use of garlic in the American cuisine has increased by 1,000 per cent.

The booming popularity is credited to the convenient dehydrated products: instant minced garlic, instant garlic powder, granulated garlic and garlic salt. Instant minced garlic is pure garlic and is used in dishes that require cooking or in which the garlic bits can stand until the flavor is released.

Other forms release the flavor instantly. When buying garlic bulbs, look for firm, plump cloves, with clean, dry, unbroken skins. Because of the strong odor, keep away from other foods. Store in a cool, well-ventilated place. Do not refrigerate.

**GARLIC** is one of the oldest seasonings. Records show that it was eaten by Egyptian workmen 5,000 to 6,000 years ago. The Greeks loved it but the Romans of Caesar's day did not.

Down through the ages it has been used as a cure for toothache, consumption and nervous maladies. It was used as a love potion but also warded off demons, witches, vampires and the evil eye.

Use it sparingly, as a seasoning and in marinating mixtures. Use it to flavor stews, cream or pot cheese, omelettes, pickles, sauces and dressings. Add slivers of garlic to roast beef, lamb or pork before cooking. Halve a clove to rub inside a salad bowl or on bread.

The powerful flavor and odor tend to diminish in cooking. A little garlic, crushed into salads, has a more intense smell and taste than considerably more garlic, cooked.

**GARLIC SHISHKEBABS**  
1 c. fresh lemon juice  
1/2 c. salad oil  
4 t. instant garlic powder  
1/2 t. salt  
1/4 t. ground black pepper  
2 lb. boneless leg or shoulder lamb, cut into 1 1/2-inch cubes  
2 zucchini cut into 1 1/2-inch slices  
6 medium mushrooms  
6 cherry tomatoes

Combine lemon juice, salad oil, instant garlic, salt and pepper. Pour into a plastic bag, add lamb and fasten bag securely. Marinate three to four hours or overnight, turning bag occasionally to distribute marinade. Alternate meat with zucchini, mushrooms and tomatoes on each of six skewers. Brush lightly with the marinade. Broil over a slow-burning charcoal fire, about three inches from the heat, turning skewers often until meat is medium rare. Brush with marinade frequently. Or, broil indoors, four inches from heat, turning frequently and brushing with marinade. Makes six servings.

**MARINATED SPARERIBS**  
4 lb. spareribs, cracked at large end  
1/2 c. salad oil  
1/2 c. tomato ketchup  
2 T. cider vinegar  
2 T. chili sauce  
1 T. soy sauce  
2 t. instant minced onion  
1 t. salt  
1/4 t. ground black pepper  
1/4 t. instant garlic powder

Place spareribs on rack in shallow roasting pan; cover with foil. Bake in a preheated, 350-degree oven for one hour or until excess fat is melted. Drain off fat. Cool meat enough to handle. Meanwhile in bowl, combine oil, ketchup, vinegar, chili sauce, soy sauce, instant onion, salt, pepper, and garlic powder; mix well. Pour into a large plastic bag. With seissors, cut meat into three-rib serving pieces; add to marinade in bag. Fasten bag securely, leaving about 1 1/2 inches free over the meat. Refrigerate two hours. Turn bag twice to distribute marinade. Return ribs to rack in roasting pan. Pour excess marinade into a cup. Bake in preheated, 350-degree oven for one hour, brushing occasionally with the marinade. Cover pan with foil and continue to bake another 20 minutes or until meat is fork tender and nicely glazed.

**FOR OUTDOOR COOKING:** Thread meaty sections of ribs on skewers. Grill over glowing coals, turning often and brushing with remaining marinade, until meat is fork tender and deep brown-about 10 minutes. Yield: six servings.



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\$1.00	400	25,000 to 1	25,000 to 1	12,500 to 1
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\$4.00	100	6,250 to 1	3,125 to 1	1,562 to 1
\$8.00	50	3,125 to 1	1,562 to 1	781 to 1
\$16.00	25	1,562 to 1	781 to 1	390 to 1
\$32.00	12	781 to 1	390 to 1	195 to 1
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\$128.00	3	195 to 1	97 to 1	48 to 1
\$256.00	1	97 to 1	48 to 1	24 to 1

FRESH, MEATY  
**MIXED FRYER PARTS**  
3-HINDQUARTERS WITH BACKS, 3-FORQUARTERS WITH BACKS, 3-WINGS & GIBLETS

**27** LB

YOUNG, PLUMP  
**HEN TURKEYS**

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10 TO 16-LB AVG.

VALUABLE COUPON WITH THIS COUPON \$1.00 OFF GOOD TOWARDS THE PURCHASE OF ONE **MARHOEFER 8-LB CANNED HAM**

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USDA CHOICE BONELESS **Cube Steak \$1.29** LB

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2 **\$1.79** FOR

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USDA CHOICE BONELESS **Smorgas-Pak \$1.29** 1-LB PKG

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6 VARIETIES **MORTON CREAM PIES 19** 14-OZ WT PKG

VALUABLE COUPON This coupon worth \$0.30 SERVING TRAY \$1.19 \$0.30 OFF \$0.89

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KROGER **Chocolate Milk 44** 1/2-GAL

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WITH QUART CTN  50 KROGER SHERBET

WITH ANY 1-LB PKG HELLCREST  25 PINCONNING CHEESE

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WITH ANY 2 PKGS FRYER LEGS  50 THIGHS OR BREASTS

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