

# A Bargain: \$100 Worth Of Produce For \$3.10

Persons who have never gardened before in their lives are suddenly digging up weed patches to plant productive vegetable gardens.

The big incentive for doing this is the economy, since a family of four can save up to \$100 on grocery bills by letting their garden produce essential fresh vegetables such as tomatoes, lettuce, beans, zucchini squash, bush beans and peppers.

Even a small area just 10 feet wide by 15 feet deep can provide bountiful harvests of tasty vitamin-rich vegetables from spring until fall, with time spent on weeding and fertilizing as healthy exercise.

The garden designed here fits into the average backyard with ease and will provide a family of four with fresh vegetables with just a \$3.10 seed cost. It requires no back-breaking work to take care of.

It's a versatile garden, and the rank beginner can cut it

down to even smaller size if necessary. Also, other garden produce more beans than the family can eat, they substituted for those shown in the diagram.

Radish, for example, can be added without much extra space. Eggplant can be substituted for the peppers; cauliflower instead of cabbage; sweet corn in place of tomatoes, lettuce, beans, zucchini squash - and so on.

A FEW AS-6 SIX hybrid tomato plants will produce bushes of fruit. Beans can be planted and harvested within 50 days, then started again.

Zucchini squash grows fast and forms a dense bush, producing the fruits over a long period of time if picked regularly.

Carrots are best picked when young and tender, and parsley is the most useful herb to have in the garden, providing extra flavor to so many dishes.

But beans are very productive. Some varieties

of mature within 50 days. If the garden produces more beans than the family can eat, they substituted for those shown in the diagram.

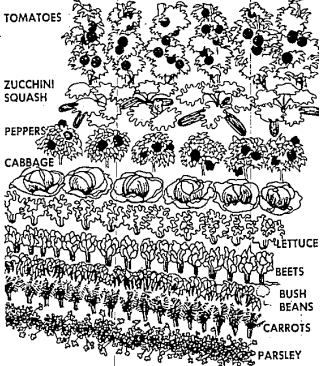
THE TOMATOES, peppers and cabbage are best started early in the year, about six to eight weeks before transplanting into the garden.

Lettuce, carrots, parsley and bush beans are best direct sown into the garden.

In order to obtain the full value from a vegetable garden, try successive sowings. For example, sow cabbage in spring, then again in mid-summer.

At least two crops of lettuce are possible by the same procedure, also two plantings of bush beans and carrots will stretch out the supply of fresh vegetables.

With beans, three sowings are possible from a single package - one in April, another in June, and a third in early August.



# Custom Design Look Easy With Tiles

A square can easily become a diamond, a rectangle, a stripe or a triangle when you "custom design" your own floor with vinyl asbestos tile.

Put squares in a row and you get a stripe; cut a square in half and you have two triangles. Various combinations of tile offer almost unlimited design possibilities according to Better Floors Council interior designers.

With a little imagination you can have an "exclusive" floor, quite unlike that of anyone else. Let's take the dining room as an example. You want a border around the edge of the room. The council suggests a vinyl asbestos tile pattern with a neutral background, highlighted with a border color to match some accessory - a favorite china pattern, perhaps. The border

should be several rows in from the wall for full effectiveness but not so far that it is hidden by the table.

An excellent spot for a more complicated tile layout is the foyer. The design can be quite complex. Don't, however, let the colors and pattern conflict with those in adjoining rooms.

And use colors and designs you'll enjoy living with for a long time, because vinyl asbestos tile lasts a long time - easily 20 years in a home.

YOU DON'T NEED a vegetable garden to grow mustard and cress. A shady window will allow you to grow them indoors with ease. Just sprinkle the seeds on a paper napkin and keep moist. Within 24 hours the seed coats will split, and within 10 days the cress will be high enough to cut.



GLORIOSA DAISIES are magnificent for garden decorations or as a cut flower. Sow the seed early, and you will have magnificent displays of blooms the first year.

## Garden Chatter

There's a special reason to grow Oak Leaf lettuce in your garden.

When it's time to harvest, you don't have to pull up the entire plant. Instead, you can pick the outer leaves from different plants, and more new leaves will grow to take their place.

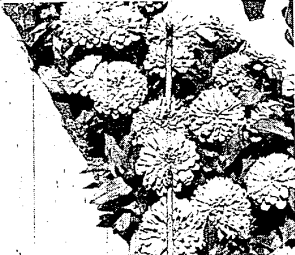
That way they remain productive for a longer period.

MORE GARDENERS are reporting that marigolds help control pests in the vegetable garden. By planting a row around crops you want to protect, the odor in the leaves will keep rabbits and rodents away.

The roots are also reported to rid the soil of nematodes (destructive root-eating worms).

WHEN TOMATOES were first found growing by European explorers in South America, they imagined the fruit to be poisonous because of its striking resemblance to Deadly Nightshade, a poisonous plant common throughout Europe.

But once this belief was proved wrong, tomatoes rapidly gained favor, and the French even called them "Love Apples."



PETER PAN SCARLET Zinnia, a silver medal award winner in the All-America Selections, is a magnificent new color in this unique class of large-flowered, dwarf border hybrid zinnias, and only the third color to be introduced. Individual flowers of Peter Pan Scarlet are well doubled and measure three to four inches across on plants that begin blooming when they are just six inches high. They remain neat and compact, tolerate rough weather with ease, and cover themselves with blooms. They are superb in a border planting, as shown here.

## Laundry Center Tips

When planning a laundry center in a limited area, such as a converted pantry or bathroom, here are some rules of thumb you might consider:

You'll need at least 5 1/2 feet of work space if your washer and dryer units are placed side-by-side. If the area in front of these appliances is a main passageway, you'll require a depth of at least four feet. Avoid having the door to the room swing into your work space.

A LAUNDRY center has a high heat and humidity

content with appliances in use, so cover your walls with prefinished hardboard paneling. This paneling is used in many laundry centers because its surface is not affected by heat or moisture.

## New Way To Stop Snoring

New ways to stop snoring have been suggested by the British Medical Assn.

They suggest holding something firmly between your teeth (such as a wooden tongue depressor) for 10 minutes before going to bed. This will strengthen the muscles which hold the mouth closed.

Then for two or three minutes press the fingers firmly against the chin and hold the jaw tightly against your fingers. Afterwards, press your tongue firmly against your lower teeth for another three or four minutes.

According to the English physicians, these jaw and tongue exercises are effective in curbing snoring in a majority of cases after two weeks' application.

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8'	1.09	1.54	2.11	2.71	3.82	2.45
10'	1.39	1.92	2.71	3.47	4.78	3.07
12'	1.74	2.63	4.03	5.26	6.86	3.68
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