

ATTRACTIVE COSTUMES MADE IN AMERICA AND SEEN ON THE AVENUE



MAXINE ELLIOT TO BE NURSE IN WAR



Maxine Elliot, the American actress, has enlisted as a Red Cross war nurse, and will go to the front within a few days. Her ambulance is a 30-horsepower machine of standard type and will form a unit in the Duchess of Sutherland's corps.

Rice and Peaches.
One-half cup rice, two cups crushed peaches, one-half cup sugar, one-half cup milk, one-half teaspoon salt, one teaspoon butter, a little grated nutmeg or a few drops of vanilla. Wash and boil the rice 20 minutes; drain (do not blanch), put in top of double boiler, add the milk, half the sugar, nutmeg or vanilla, and salt; boil slowly 20 minutes without a cover. The rice must absorb all the milk. Brush four custard cups with melted butter, fill with the rice and set in refrigerator until very cool. Turn out on saucetins and cover with the crushed peaches, to watch the balance of the sugar (or sugar to taste) has been added. If decorated with two or three dainty green leaves of any kind it will make a very attractive dessert.

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Boils and Carbuncles

Abcesses, felons and boils show that the blood lacks certain mineral elements which nature must have to keep the body healthy. Dr. Chuessler reports in the medical work of Dr. Boericke and Dewey, page 141: "With lady, aged sixteen, with silicea. Had boils suffering for months with right foot swollen. Fearfully swollen; disamputated. Carefully swollen; disamputated. Three months later the patient stopped without assistance. With silicea I cured a discharge of matter from the ear, which for a long time caused the patient severe pain day and night."
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The Public Defender Movement

Timely Agitation of a Momentous Problem Under Way.
Thinking men and women who have studied the question of right and justice in the courts of this country, will hail with delight the present agitation, nation-wide in scope, relative to a Public Defender, this movement having its origin in Los Angeles.
The essential basis of the Public Defender movement is just this—if a criminal and the guilty are to be punished by the same token a Public Defender is needed to see that those who are unjustly accused shall not be "rail-roaded"—whether justice is served or not.
Court records are replete with cases where innocent parties have been condemned, through merciless "third degree" methods, and the efforts of a Prosecuting Attorney, who strikes to make a record, and who is well supported by the political party behind him.
Crime should be punished—no gain, saying that fact, and the Prosecutor, is necessary—but for the man or woman who, through some vagerie of fate, is enmeshed in the coils of the law—without friends, without hope, should also have a representative at court to see that justice is done.

TOLEDO LAND SHOW OFFICIALLY RECOGNIZED BY OHIO AND MICHIGAN

Agricultural Displays from Two Great States Will Make Unrivaled Exhibit of Produce and Stock. Valuable Souvenirs to Visitors.

The indoor winter fair scheduled for the Terminal Auditorium, November 22 to December 5, now has the official recognition of both Ohio and Michigan. State and county exhibits of the finest live stock are assured, in addition to the displays of 30 Toledo firms thus far booked. Agricultural displays are coming from Fulton, Wood, Sandusky, Allen and Seneca counties, and there will be nursery displays from Monroe. From the fall season's county fairs will come prize-winning sheep, by fairs will come prize-winning sheep, hogs, cows and poultry; also products of farm, orchard, garden and dairy, as well as farming implements. Several railroads, including the Ann Arbor, will exhibit in the land show section.
Big Michigan Display.
Twenty Michigan counties, comprising the entire western half of the state, will occupy a section featuring apples and a model farm. Every visitor will be given an apple and every woman a cook book with official Michigan souvenirs. Prof. Gibson is in charge of the Wolverine exhibit and he is bringing prize cattle here from as far north of Traverse City.
President A. P. Sandies, of the Ohio State Agricultural Commission, has placed Prof. N. E. Shaw, chief of the charge of the Buckeye state's exhibit. An entire section, or 16 booths, will be filled with the dairy and food bureau and Webster experiment station displays. Among other things they will demonstrate that Ohio can grow tobacco and show a model plantation.
Cattle will be sent by Ohio State University.

Movies for Farmers.
Illustrated lectures by agricultural college field experts will also feature Ohio's exhibit. There will be moving pictures, depicting insect crop devastation and remedial measures for banishing these parasites.

Household Hints

CANNING AND PRESERVING
Unfermented Grape Juice—To one gallon shelled grapes add one cup water. Boil, strain through flannel bag. To one gallon juice add one quart water and one pint sugar.
Boil. Seal while hot.
Sweet Pickle Cabbage—Take cabbage enough when it is wilted to fill two-gallon jar. Cut each cabbage into eight pieces, leaving piece of stalk to each to hold it together. Make strong salt brine, pour over boiling hot, let stand twenty-four hours, drain. Cover with cold water, let stand twenty-four hours, drain. Seal with weak vinegar water. Seal with weak vinegar water. Lump of alum (to make it brittle) let stand twenty-four hours and drain. Then place layer of cabbage in jar, then spices, and so on, till jar is full. Spices: mustard, cloves, nutmeg, cinnamon and onion. Seal with turmeric. Take one gallon cider vinegar, two pounds sugar, melt and pour over cabbage hot. If less than one gallon use till cabbage comes again. Turmeric may be obtained at drug store; it gives cabbage a fine cream color.
Health Vinegar—Three gallons water, three pounds dark brown sugar. Directions: Boil together until sugar is dissolved. Put in large stone crock, let cool. Take large piece of bread, toast slowly on both sides; when cool, slowly on one side with two cakes Fleischman's compressed yeast and turn yeast side down on top of water in crock. Cover with cloth. Set in warm place and when toast is drawn to bottom of crock, vinegar is done. (Will keep pickles.) Takes about five weeks to make.
SIMPLE HOME REMEDIES
Nosebleed—Although an ordinary nosebleed often alarms, there is no cause for fear, for it does away with surplus blood. However, there are several ways of treating a nosebleed in order to give immediate relief. (1) Roll a piece of brown paper, wet it and press between upper lip and gum. (2) Hold head back. (3) Press tongue against base of mouth. (4) Sniff peroxide or salt water. (5) Immerse cotton wool in cold water will stop a nosebleed. (6) Chew paper of cotton. If these simple remedies do not relieve, a doctor should be consulted.
ENAMEL YOUR BED AT HOME
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