IN STERLING LIVES A GIRL

Who Suffered As Many Girls Do-Tells How She Found Relief.

Sterling, Conn.—"I am a girl of 22 ears and I used to faint away every



TETREABUT, Box 116, Sherling, Con.
Massiria, N. Y.—''I baye taken Lydia E. Richkan's Vegetable Compound
and India Mayer dependent of the state of

Young Girls, Heed This Advice. Girls who are troubled with painful or irregular periods, backache, headache, dragging down sensations, fainting spelle or indigestion, should immediately seek restoration to health by taking Lydia E. Pinkham's Vegetable Compound.

Ready Help

BEECHAM'S PILLS

Soldersynbere, ta becen, 10c., 25c.

Careful Housewiter,
Mr. Umson-Hurry, Mary, or we'll be late, for the play.
His Wiffer-But I can't leave the house mussed up life this.
Mr. Umson-Who is going to see it white we are away?
His Wifer-His hard to tell; 4 burglar might break in.—Judge.

His Turn Coming.
"Why do you go out rowing with at man? He thinks it's funny to rock

that man? He thinks it? tunny to rock
the boat."

"Two heard so," replied the athletic
girl, "I took a dislike to him the first
time I saw him, and I'm just dying
for an excuse to hit him over the head
with an our."—Washington Star.

Mild Way of Saying "You Lie."
Hobbs (telling a tall story)—I assure you, old man, if I hadn't seen it myself I wouldn't believe it.
Dobbs—Then you'll understand why I don't.

Do not complain because people do not do more for you. Be thankful that they do not do more to you.

Why That Lame Back?

Willy Hart Leather Dacks.

Morning lamencs, sharp tringes
when stopping, or a dull, all-day backche; each is cause enough to suspect
check, each is cause enough to suspect
ledy the kidneys. We Americans order
do, overest and neglect our sleep and
carcies, and so we are becoming a netoo over the suspect of the suspect
doctate from kidney disease than it
1800, is the story told by the 1910 een
us. If annoyed with a bad back and
irregular, kidney netlon, modify the
the babble and are Dann's Kidney Pillas.

A Michigan Case



Cet Doan's at Any Store, 50c a Ber
DOAN'S HIDNEY
PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Make the Liver Do its Duty



GETTING A START NATHANIEL C. FOWLER, Jr.

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SIMPLICITY.

Simplicity is art, understood by the figure and appreciated by the intelligent.

Great men are simple, and their tastes are simple. They dress simply, never ostentatiously; their watch chains, if they have any, are never the consistent of the lives are simple. They dress simply, they wear a ring, but only one ring, there is a start of the lives are simple food, and not the rich viands and the mysterious sauces which can tickle only the palate of the opicure. We will see a story out of the missing diction, use language as a means to an end, not to make a display of it.

Many years ago, a then somewhat unknown man, by the name of Dasiel DeFoe, made a story out of the man of the representation this narrative was read by youngsters, and it was looked upon as a children's book. Today it has passed beyond the javenties class and is considered one of the finest or amplies of simple English narrative was read by youngsters, and it was looked the subject of the storage of what and is considered one of the finest or amplies of simple English narrative was read by youngsters, and it was looked and is considered one of the finest or amplies of simple English narrative was read by youngsters, and it was looked the subject of the storage of what a start of the subject of the

derstand it.

Education by itself does not produce an educated man. Education is alm ply one of the elements which go to round out a man and make him a better clitten, enabling him to accomplish, better results. Education, academically speaking, is not necessarily simple. It is more or less complex. Therefore, the educated man of use in the world has mixed simplicity with his leaders of the enabling of the control of the enabling of the control of the enabling is common simplicity mixed with common sense. The two are practically synonymus, for one can obtain the enabling in the world, and all the expression of the world, and all the expression of the world, and all the expression of the mixed and the enabling in the world, and all the expression of the mixed and the expression of the mixed of the enable of the en

man.

Be simple, be clear. Don't swallow a dictionary and exhale words, which, like dust, blind the eye and clog the car.

ANCIENT HOUSE OF WORSHIP

Church in New Hanover County North Carolina, One of the Coun-try's Landmarks.

North Carolina, One of the Country's Landmarks.

One of the oldest historical landmarks in New Hanover county, North Carolina, and among the oldest in the country is St. Philip's church, located 10 miles of the country is St. Philip's church, located 10 miles of the country is St. Philip's church, located 10 miles of the country is St. Philip's church, located 10 miles of the country of the co

Its Big Event in History,
"What do you consider the most important event in the history of Paris?"
"Well," replied the tourist wearily,
who had grown weary of distributing
tips, "so far as fancial prosperity is
concerned, I should say the discovconcerned, I should say the discov-ery of America was the making of this town."

COMPANIONSHIP

felt your individuality, but, rather, you will combine it with that of others, making exchanges, swapping experiences.

Depending upon yourself is laudable and to be encouraged, but when you carry that self-dependence to the extreme, you will find that you have your than self-dependence to the extreme, you will find that you have you will not the companions of your own kind—you cannot have any other kind.

To be an acceptable and useful citizen and to succeed in business, contact with your fellows is absolutely essential. Progressive business mentare and the companions of your own kind—you subsitess mentare and the companions of your own kind—you cannot have any other kind.

Pop need to succeed in business, contact with your fellows is absolutely essential. Progressive business mentare and chambers of commerce. They keep in touch with financial movements and are never ignorant of those current events which have a bearing upon their vocations. Even competitors, lunch together and exchange experiences, realizing that only in this way cannot be upon the companion of the contact of the companion of the com

there, for the world does not want you and there is no reason why it should.

BAD MANNERS IN SOME SHOPS

Story Concerning the Amusing Su perciliousness of Saleswomen in Big Establishments.

An amusing discussion took place the other day in the dressing room of a fashionable restaurant. Three women were laughing over the grandeur of the saleswomen in a certain Walnut street shop. The shop was offering reduced rates, and one of them sauntered in from curlosity—what woman can resist looking over what may prove to be a bargain? The saleswoman to charge seemed quito indifferent, and upon Mrs. X making some critical remark about a wimple little gown marked down to sitö.50, she raised her penciled syebrows and looked pityingly at the customer, as though sizing her up according to the gown's value. "Oh," she farwied, "but that, you know, you would only find on an expensive gown a 160 goun'? All the suleswoman quite out of all proportion with the evident regard for a \$50 gown, and her companions laughed heartily.—Kansas City Stat.

Alexandria's Jetty.

The Jetty at Alexandria, Egypt, with a total length of 330 feet, is made, up of five calssons, which were built up of re-enforced concrete, and floated into place. Each calsson is 56 feet long by 26 feet wide and 20 to 22 feet deep, and after being launched into the water on a special allows, it was towed to its prepared undersea bad by one or more tugs.



What is CASTORIA

Castorin is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant, it contains neither Opium, Morphine nor other Narcutio such as the contained of the Castor of Castor Oil, Parenthee, Its age is its guarantee, it destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoss. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and matural sleep. The Children's Panacea—The Mother's Friend,

GENUINE CASTORIA ALWAYS



The Kind You Have Always Bought

Exact Copy of Wrapper

900 Daois

ALCOHOL- 3 PER CENT. Avegetable PreparationforAs; similating the Food and Regula-ting the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion Cheerful-ness and Rest Contains neither

Recipe of Old De SUITEL PHOTER Pumpkin Seed 9
Als Serva Pochelle Salle 9
Anies Seed Pepperminh Be Larbonste Soda Norm Seed (Carino Sugar (Carino Flavor a)

A perfect Remody for Constitution, Sour Stomach Diarrhoo Worms. Fevering A.

rms, feverishness at LOSS OF SLEEP.

Tac Simile Signature of THE CENTAUR COMPANY, MEW YORKS.
AT COMPANY, STATE OF THE STATE OF THE

Of Good Repute.
"But what is his reputation? That
is the principal thing."
"Well, papa, he is reputed to spend
fity thousand a year. That's good
enough for me!"—Judge.

PREMATURE BALDNESS

Due to Dandruff and Irritation, Pro-vented by Cuticura,

The Soap to cleanse and purify, the Olutumat to soothe and heal. Daily shampoos with Cuticura Soap and occasional applications of Cuticura Oliment gently rubbed into the scalp skin will do much to promote hair-growing conditions.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Boston. Sold everywhere.—Adv.

Strict Neutrality.

Little Betty was in the habit praying for her maughty playmate. Tommy. One overlags she omitted to mention him. Asked by her mother why she did so, the child replied: "He was howwid to me today. He frew much in my face. So I won't ask Got to bless him."

Her mother tucked her in bed, and then went into the next room, leaving the door open.

She heard Betty toss restlessly about for live or ten minutes. Then there was a miffle; then a sound of setting up, and, finally, a furtive voice: "Picase, God, you en bless Tommy if you went to—but you needn't do it on my account."

Where Psyche Was Executed.
A New York man was recently acting as guide through an art gallery for a friend from the country. As they paused before a statuette, the guide said:
"That is Psyche. Executed in terra cotta."
"What a pity!" said the rural one. "How barbarous they are in those South American countries!"—New York Times.

He and She.
She—Have you ever read "Lives of the Hunted?"
He—No; what's it about—bachelors?—New York Post.

The Spirit of His Ancestors.
Visitor—It's a terrible war, this, young man—a terrible war.
Mike (badly wounded)—'Tis that, sorr—a tirrible warr. But 'tis better than no war at all.

Facilis Descensus.

The tall, cheerful young man glanced up at the haughty blonde beind the counter and smiled a sunny smile.

'I beg your pardon," said he, "but you dou't care a thing for beauty, do von?"

ou?'
"Sir!" retorted the haughty blonde.

"How dare you! What do you mean!"
"Oh, nothing very particular—only
you, and you've never looked into it
to choc."

The names of many men never appear in print except as contestants for
once."

Uncation.

"What was the weight of that fish you were talking about all summer?"

"Which fish?" inquired the unblushing boaster. "The one I had on my mind?"

Red Cross Ball Blue, made in America, therefore the best, delights the housewife. All good grocers. Adv.

Reason for His Looks. She — Our waiter looks awfully

ough. lle—That's all right. I have a bill

The Rupture.
Knicker—Fire the cook?
Bocker—Well, we handed her her
passports.—New York Sun.

10c Worth of QUPIND Will Clear \$1.00 Worth of Land

Get rid of the stumps and grow big crops on cleared land. Now the time to clean up your farm while products bring high prices. Blasting is quickest. cheapest and easiest with Low Freezing Du Pont Explosives. They work in cold

Write for Free Handbook of Explosives No. 69F. and name of negrest dealer.

DU PONT POWDER COMPANY

The Leader.

Knicker—What is his motto?

Bocker—First be sure you're right, then lose your head.

Given his choice, a dog prefers chasing a cat to any other form of amuse



Truth Is Mighty Brad to following has



For Douches



Readers desiring to



Warm and Happy

The NEW PERFECTION Heater is an agreeable source of comfort long grown people—but it is a positive necessity when there are children in the hones. You can't let the baby shiver and take cold.
With the NEW PERFECTION to take of the child mornings and even and the cold of the child mornings and even and leafy starting winter first until real cold weather begins. With everyone warm and hanow.

The NEW PERFECTION is the greatest comfort you can install in your home, an aid to good health, a means to economy, the cleanest heat you can use.

At the Panama-Pacific Exposition the many points of superiority of the NEW PERFECTION line won a medal of honor, while a Gold Medal was awarded the NEW PERFECTION Heater—a sweeping victory

STANDARD OIL COMPANY (Indiana), CHICAGO, U.S.A.