MOTHER! LOOK AT CHILD'S TONGUE

oross, feverish, constipated, give "California Syrup of Figs."

A laxative today caves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach

wante. Ilver gets sluggish; stomach acor.

Look at the tongue, mother! It coated, or your child is listless, cross, ferverish, breath bad, restless, desm't eat heartly, full of cold or has sore throat or any other children's affinent, give a teaspoonful of "California Syrup of Figs." then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bits and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is ofttimes all that is necessary. It should be the first treatment given in any sickness. Beware of counterful, fig syrups. Ask at the store for a 50-centile fig strong. Ask of the counterful of the counterful and and in the counterful and the counterful and and the counterful and the

A writer says speech was given to man to conceal his thoughts. It was a needless precaution in most cases.

TAKE A GLASS OF SALTS WHEN BLADDER BOTHERS

Harmless to Flush Kidneys and Neu-tralize Irritating Acids—Splendid for the System.

trailing irritating Acids—spienous for the System.

Kidney and Bindder weakness result from uric acid, says a noted authority. The Address of the Address of

bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmiess, and is made from the acid of grapes and iemon fuice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid tritation. Jad Salts is splendid for, kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-wired drink, which quickly relieves bladder trouble—Adv.

The light comedian nearly always weighs more than the heavy villain.

CARETS" FOR LIVER, BOWELS LIVER, LIVER, STANGER LIVER, LIVER, LIVER, STANGER LIVER, LIVER, LIVER, LIVER, STANGER LIVER, LI "CASCARETS" FOR

For sick headache, bad breath, Sour Stomach and



Sent Large and the sent of short of the sent of the



N THIS TALE JACK LON-DON'S SEA EX-PERIENCE IS USED WITH ALL THE POWER OF HIS VIRILE PEN-Victor Comments of the Contract of the Contrac

party to it. It you were really great, really true to yourself, you would join forces with Leach and Johnson. But you are affaid. You want to live. The life that is in you cries out that it must live, no matter what the cost; so you live ignominiously, untrue to the best you dream ot, similing against your whole pitful little code, and, if there were a hell, heading your soul straight for it. Bahi I play the braver part. I do not sin, for I am true to the premptings of the life that is him. I am sincere with only soul at least, and that is what you are not." There was a sting in what he said. Perhaps, after all, I was playing a cowardly part.

There was a sing in what he aspectage. Perhaps, after all, I was playing a cowardly part.

I pondered it long, lying sleepless in my bunk and reviewing in endless procession the facts of the situation. I talked with Johnson and Leach, during the night which swhen Wolf Larsen was below. Both men had lost hope—Johnson, because of temperamental despondency; Leach, because he had beaten himself out in the vain struggle and was exhausted. But he eaght my hand in a passionate grip one night, saying;

'I think yer square, Mr. Van Werden. But stay where you are and keep your mouth slut. Say nothir but saw wood. We're dend men, I know it:



Have Seen Him Follow Wolf Larsen About With His Eyes.

About With His Eyes.

but all the same you might be able to do us a favor some time when we need it damn bad."

It was only next.day, when Waln-wright island loomed to windward-close abeam, that Wolf Larsen opened his mouth in propinery. He had at tacked by the work of the work of

HARD TO ESTIMATE CROWD

Few Civilians Are Able to Give Numbers of a Gathering-Army Of-ficers Tell Secret.

bers of a Gathering—Army Officers Tell Secret.

It is remarkable how the average
crivilian overcatimates the number of
persons in a big procession. Take, for
example, the recent demonstration in
London. It was said that there were
15,000 men in line and some enthusisust put it even at 22,000. But it is
easy to estimate such numbers approximately, any London Tit-Bits. Here
is the rule as laid down in the "Pinel
Service Regulations" of the United
States army girth of a body of troops
may be estimated from the length of
time it takes to pass a given point, Assuming that infantry in column of
foure occupies half a yard per man,
cavally one yard per trooper and artilliery in single "Jumm per gun or
calsson, a given point would be passed
in one minute by about 175 infantry,
illo cavalry at a walk; 200 cavalry at a
trot and five guns or calssons."

Allowing for specing beginnents, all
of the light of the column of
the column per gun or
calsson. Si given point would be passed
in one minute by about 175 infantry,
illo cavalry at a walk; 200 cavalry at a
trot and five guns or calssons."

Allowing for specing beginnents, all
of the takes a regiment of 1,000 men
divided into battalions just ten disutes to passe, or at the rate of 6,000 an
hour. And this supposes no breaks
in the line.

These rules, it must be remembered,
are for trained soldiers used to a long
step and to keeping up without etragfigues. No civilians, even militant sulf
ragettes, ever kept or could keep up
this pass.

The a 10cmt bor now.

No odds how had your liver, stomach or bowles; how much your heads now may be estimated from the length of many heads of the bulk. "You or per life," was the angre cast parties, indiges the classes of the classes of the bulk. "You him had now heads the classes of the bulk." You had have been maked the position of the bulk. "You had have been maked the position of the bulk." You have been and all other distress the great of the bulk. The limbana wavered. I made to bowles make your misrable. Take bowless make your misrable. Take bowless make your maked organs of all the blue, gases and all other distress the masses of the bulk. "It was not the misrae." A 10cmt box means beath, happiness and a clear had for mould have been and for the misrae." "I make the make your misrae had not be misrae that had the misrae heart had not been the misrae." A 10cmt box means beath, happiness and a clear had for mould have been and for the misrae. "I toud Wolf Laren in the cabin, if you will take a wiman chaulfur or seek haby carriage through a create the children—their little in selds not a clear had for mould have been will be asset to the misrae." A 10cmt box means beath, happiness and a clear had for mould have been will be a subtained to the misrae haby carriage through a create the children—their little in selds not a clear had for mould have been will be a subtained to the children—their little in selds not a clear had for mould have been will be a subtained to the children—their little in selds not a clear had for mould have been will be a subtained to the children—their little in selds not a clear had for mould have been will be a subtained to the children—their little in selds not a clear had for mould have been will be a subtained to the children—their little in selds not a clear had for mould have been will be a subtained to the children—their little in selds not a clear had for mould have been will be a subtained to the children—their little in selds not a clear had for mould have been mentally an

KEEP YOUNG

As well be young at 70 as old at 50.

Many elderly people suffer lame, bent, aching backs, and distress ing urinary disorders, when a little help for the kidneys word or Bright's distance. Use Doan's kidney or Bright's distance. Use Doan's kidney with the sands, young and old, and are recommended by thousands.

A Michigan Case

Got Donn's at Any Store, 50c a Box
DOAN'S HIDNEY
PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

A Beauty Secret

To have clear skin, bright eyes and a healthy appearance, your digestion must be good—your bowels and liver kept active and regular. Assist nature—take

BEECHAM'S PILLS

Largest Sale of Any Medicine in the World: Sold everywhere. In boxes, 10c., 25c.

Four Dollars a Month

buys a paper that contains the best elements of an Insurance Policy, Bond and Savings Bank. You are guaranteed four per cent on your money, can borrow \$500 on each contract, at five per cent, with ten years to repay. Provides for a home, and constitutes insurance, before and, after geath. constitutes insurance before and after Geath.
Send for our booklet, "Co-operative Home Financing". EMPIRE REALTY & MORTGAGE
COMPANY, NASHVILLE, TENNESSEE.



improved insulating Material.

A new form of insulating material, known as pertinax, has been introduced in Germany. It is made by rollname is pertinax, has been introduced in Germany, It is made by rolling layers of paper on one another, the mass being then impregated it some kind of reain while heat and pressure are applied. The hyers adhere to such an extent that the resultant "hard paper" appears uniform it is structure. The new insulating material is waterproof, it is is made and in the paper appears and in the paper appears and it is not appreciated of the paper appears the paper appears of the paper in the paper appears appears and the paper appears appe

indoors in replacing porcelain pressures above 20,000 volts.

Domestic Finance.

"We are spending more money that we can afford, my dear," said hubby. "Can't we do something to reduce the household expenses."

"I'm doing the best I can, love," replied his wife. "I haven't paid the butcher or the grocer in months but I simply cannot get credit for matines tickets, and my losses at brige have to be path in each, too."

The Explanation.

"How can she marry him, knowing that he's dissipated?"

"But his fortune isn't."

New Zealand factories in 1913 man-ufactured clothing valued at \$400,000,

Greatest Results

often come from simplest

For instance—one's daily food plays a big part in de-ciding for success or failure.

To bring out the best mental and physical forces sound nourishment is imper-ative.

Grape Nuts

made of whole wheat and maited barley, supplies in splendid proportion all the rich nourishment of the grains, including the valuable inneral elements, lacking in many foods, but most neces-sary for vigor and activity of brain and body.

"There's a Reason"

Grape-Nuts

Sold by Grocers.