## All Who Would Enjoy

good health, with its blessings, must understand, quite clearly, that it involves the question of right living with all the term implies. With proper knowledge of what is best, each hour of recreation, of enjoyment, of contemplation and of effort may be made to contribute to living aright. Then the use of medicines may be dispensed with to advantage, but under ordinary conditions in many instances a simple, wholesome remedy may be invaluable if taken at the proper time and the California Fig Syrup Co. holds that it is alike important to present the subject truthfully and to supply the one perfect laxative to those desiring it.

Consequently, the Company's Syrup of Figs and Elixir of Senna gives general satisfaction. To get its beneficial effects buy the genuine, manufactured by the California Fig Syrup Co. only, and for sale by all leading druggists.


Look out for dark days when the weather man predicts light rains.


**Mrs. Winslow's Soothing Syrup.**
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.


Go to sleep without supper, but rise without debt.


# Libby's Food Products

**LIBBY'S EVAPORATED MILK**

Contains double the Nutriment and None of the Injurious Bacteria so often found in So-called Fresh or Raw Milk.

The use of ***Libby's*** Insures Pure, Rich, Wholesome, Healthful Milk that is Superior in Flavor and Economical in Cost.

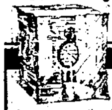
***Libby's Evaporated Milk*** is the Purest, Freshest, High-grade Milk Obtained from Selected Carefully Fed Cows. It is pasteurized and then Evaporated, (the water taken out) filled into Bright, New Tins, Sterilized and Sealed Air Tight until You Need It.

*Try LIBBY'S, and tell your friends how good it is.*

Libby, McNeill, & Libby
CHICAGO



# Never Buy a Watch by Mail



No one can sell a watch by mail that will give satisfaction—for the watch that keeps accurate time in your pocket, loses or gains in another man's pocket.

Even the finest watch will fail as a perfect time-keeper unless it is adjusted to meet the individual requirements of the person who is to carry it.

## A South Bend Watch

*Frozen in Solid Ice Keeps Perfect Time*

All the skill and facilities that money can buy go toward the construction of each South Bend Watch, and grade for grade it is superior to any other watch made.

Yet even a South Bend must be adjusted to the one who is to carry it.

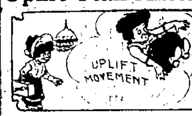
South Bend Watches are sold only by reliable jewelers who properly adjust them to the individual. You cannot buy one from any mail-order house. Ask your jeweler to show you a South Bend Watch.

South Bend Watch Co.
South Bend, Ind.

IF YOU'VE NEVER WORN
TOWER'S
FISH BRAND
SLICKER
you've yet to learn the bodily comfort it gives in the wettest weather
MADE FOR HARD SERVICE AND GUARANTEED WATERPROOF
$3.50
AT ALL GOOD STORES
CATALOG FREE
A. J. TOWER CO. BOSTON, U.S.A.
TOWER CANADIAN CO. LIMITED, TORONTO, CAN.


# NEWS FROM the CAPITAL

## Uplift Plan Among Girl Workers Fails




WASHINGTON.—Efforts to uplift the business women of Washington, 25,000 of whom earn their livelihood at service in the government departments, have received a set-back.

Some time ago it occurred to a group of well-meaning society women in New York that it would be nice to uplift all these working women. About the same time the National Civic Federation of Women began busying itself with the women in the Washington departments. It took on the great bureau of engraving and printing, in which women are employed, and proceeded to look for things that needed to be improved.

The bureau of engraving and printing is the place where the money is made; hundreds on hundreds of millions of dollars' worth of treasury notes and bank notes are turned out there every year.

When the Civic Federation of Women sent a committee to do some uplifting these money manufacturing women doubted whether they really needed any charity. They earn comfortable livings, have their own places in society, go to the theater, and never before thought of themselves as in need of any uplift from the Manhattan direction.

The New York women, fearing that the working women were overawed at the contemplation of such a wondrous opportunity to be improved, and struck speechless at the thought of having such great ladies take an interest in them, decided that it would be necessary to give the bureau girls some especial opportunities to get used to the overpowering thought. So it was proposed that some of the young women should be invited to visit some of their benefactresses in the homes of the latter and learn how it was all done, observe the method of eating ice cream with a fork and taking soup out of the side of the spoon, and such like correct little wrinkles.

Somehow this didn't much appeal to the girls, either; they rather opined that their table manners were good enough, and didn't feel the need of being further impressed with the splendor of being patronized by ladies who used gold dinner services.

But the federation committee worked away earnestly, and finally the explosion came. The committee found 3 of the women in the bureau would have to be dropped out of the service before the moral average would be raised to the point where contact with the federated benefactresses could be established at all.

That settled it. Every woman and girl in the bureau resolved herself into an indignation meeting. It was what all had been expecting, they declared. Those society women who wanted to convert working women into butterflies, of course, couldn't understand. Why should they be expected to? They had meant well enough, but really they could hardly be commended for tact and diplomacy.

## Agricultural Experts Make Discovery

IN the midst of the throes of the tariff fighting and the uprisings in Turkey and Persia, Uncle Sam's staid and placid department of agriculture at Washington hurled a bombshell to the center of the world's stage the other day in an official bulletin on "fishy flavor in butter." Yes, there it is in all its fearful portent.

For four years, according to the bulletin, Uncle Sam's bureau of animal industry sleuths have been on the trail of the microbe which gives to butter "a peculiar oily taste suggesting mackerel or salmon."

But they have not caught the microbe yet.

"Although there are very few references to this subject in literature," announces the bulletin, "the trouble is widely distributed.

"It is known to occur in various parts of the United States, but is especially prevalent in the newer dairying sections of the middle west. In one region this trouble occurs so frequently that it is spoken of among commission men as the fishy belt.

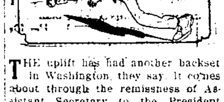
"The immediate cause is generally ascribed to the presence of trimethylamin in the butter," continued the experts, so the sleuths got on the track of this and found it "not guilty." Next they tackled oidum lactis, and this, too, proved an alibi. Then they inoculated the butter with the third suspect, bacterium lactis aerogenes, and it, too, was proved innocent. The bulletin finally concludes that the cause is as about as follows, to-wit:

"Fishy flavor is caused by a slow, spontaneous chemical change, to which acid is essential, and which is favored by the presence of small amounts of oxygen. Its immediate cause is a particular substance produced by the oxidation of one of the combinations of the acid developed in the ripening of the cream. The substance oxidized may be the result of a hydrolysis of the cream."

And here is the climax:

The remedy: Fishy flavor may be prevented with certainty by making butter from pasteurized sweet cream.

## Secretary Latta Startles Congressmen



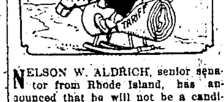

THE uplift has had another backset in Washington, they say. It comes about through the remissness of Assistant Secretary to the President Latta. Mr. Latta is the official messenger from the White House to the houses of congress. He lugs up all the messages of the president and solemnly presents them when the houses are in session.

The first time Mr. Latta delivered a message to the senate is an occasion well remembered. He is about six and a half feet tall, and when he appeared at the door of the chamber with a bundle of documents from President Roosevelt he got slightly rattled. He was duly presented and the formal reception by the vice-president came off; but Mr. Latta suddenly lost his voice and had a hard time unloading his impedimenta and the proper formal speech. He managed to get through it, and in time—by reason, of course, of the constant practice during the Roosevelt administration—acquired a commendable nonchalance about it.

But he never dreamed of appearing in any other costume than the long and dignified black frock coat of statesmanship. It was supposed that garb was as necessary for him as the flowing robes of black which add something to the terror with which the supreme court judges inspire a lawyer appearing before them for the first time. What, therefore, was the astonishment when he appeared the other day in a natty sack suit and delivered his message with the ease of a telegraph boy with a message?

One explanation offered is that Mr. Latta has to make the trip so seldom nowadays that he can't arrange always to have the long skirted coat handy.

## Aldrich to Quit Senate at End of Term




NELSON W. ALDRICH, senior senator from Rhode Island, has announced that he will not be a candidate for re-election when his present term ends. His fifth term as senator of the United States will expire March 4, 1911, and in the meantime Mr. Aldrich hopes to see enacted a tariff bill which will be a credit to his leadership and a financial bill which will completely reorganize the finances of the nation and which will constitute a monument to his service in the upper house.

The part which Mr. Aldrich is taking in the tariff legislation is well known. While the tariff bill is under consideration, the financial legislation, in charge of the national monetary commission, is making little apparent progress, although considerable work is being done by experts employed by the commission to gather data for its use.

Next autumn Mr. Aldrich will make a trip through the country, delivering a number of speeches, or addresses, as he prefers to call them, explaining the "work" of the monetary commission, its plans for the reorganization of the monetary system, consulting with bankers and business men and explaining his views.

Early this year Mr. Aldrich addressed a chosen audience at the home of Dr. Nicholas Murray Butler on this subect. In the autumn he will visit Chicago, St. Louis, Kansas City and probably other financial centers, where he will address like audiences on the subject.

# LOST IN WOODS; DOG BRINGS HELP

LIFE OF THREE-YEAR-OLD BOY SAVED BY ACTIONS OF FAITHFUL BULLDOG.

YOUNGSTER GOES FOR DOCTOR

Leaves Home In Quest of Physician for Dying Father and Loses Way —Pet Guides Rescuer to Spot.

New York.—Friends mourning with the widow of Joel T. Biggs, chief engineer of the battleship Connecticut, who died of pneumonia in his home on Flushing avenue, Jamaica, learned of perils which Erwin Biggs, three years old, encountered in an effort to aid his dying father, perils which nearly cost the child's life. Numb from exposure and overwhelmed by terror, the boy was rescued at night from the woods, where he was hopelessly entangled in the undergrowth.

Biggs returned from the battleship cruise around the world without mishap. Soon after the fleet returned he suffered an injury to his head and came home on furlough. Pneumonia developed later. Erwin, a sturdy little chap for his age, saw his mother's grief and sought to comfort her.

"Winny get 'e doctor-man?" he announced as he put on his coat and hat.

Mrs. Biggs, harassed by anxieties, paid little attention to Erwin when he left the house accompanied by his pets and companions, a bulldog and a Newfoundland puppy. He trudged, unseen by anyone who knew him, to the woods which skirt the city. Just why the child expected to find a doctor in the deep woods is not known. Subsequent developments furnished an accurate picture of the quest. When night fell, the child was in the heart of the woods and lost. The search for a doctor had exhausted him and he was disheartened by failure. His face and hands, scratched

Guided by the Dog, Judge Humphrey Found the Child.

and bleeding, told of his struggles in the undergrowth before he collapsed.

The Newfoundland puppy trotted back home and stood whining at the door. Mrs. Biggs could not understand why Erwin had not returned, but solaced herself with the thought that he was safe with neighbors. Instinct, perhaps, told the bulldog that his little master, wailing in the thicket, needed help. Erwin said later that the faithful animal stood by for a time, then licked his hand and departed. The child left alone, increased his cries.

County Judge Burt J. Humphrey of Queens was walking with his niece, Miss Mabel Thuillard, near the edge of the woods when the dog ran toward them with manifestations of delight. They followed him, feeling sure that his unusual actions had significance. The dog led them within sound of the lost child's voice.

"Why, no one lives in there," Judge Humphrey said to his niece. "What is a child doing in these woods at this time of night?"

The dog bounded forward as Judge Humphrey advanced, unmistakably indicating he would lead the way through the tangle. The cries grew fainter as Judge Humphrey plunged through the underbrush and briars and he trusted entirely to the dog. It disappeared, but a few moments later indicated its whereabouts by incessant barking.

Guided in this way, Judge Humphrey found the child, weak from exposure and exhaustion and so terrified he scarcely could whisper. After disengaging the vines which held the boy Judge Humphrey carried him in his arms, escorted by the bulldog, to the clearing where Miss Thuillard was waiting.

The child was taken to Judge Humphrey's home, and after being bathed, warmed and fed by Mrs. Humphrey, was questioned as she cuddled him before an open fire. All she could get from him was that his name was "Winny Piggs." The euphony of the child's pronunciation eventually led to his identification and Mrs. Biggs was notified that her boy was found. Mr. Biggs, although seriously ill, insisted that Judge Humphrey come to his bedside and receive his thanks for restoring his son.


# Answer This Question

When thousands of women say that they have been cured of their ailments by a certain remedy, does this not prove the merit of that remedy?

Thousands of women have written the story of their suffering, and have told how they were freed from it by Lydia E. Pinkham's Vegetable Compound—for thirty years these reports have been published all over America.

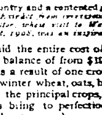
Without great merit this medicine could never have gained the largest sale of any remedy for woman's ills—never could have become known and prized in nearly every country in the world.

Can any woman let prejudice stand between her and that which will restore her health? If you believe those who have tried it you know this medicine *does* cure.

Read this letter from a grateful woman, then make up your mind to give Mrs. Pinkham's medicine a chance to cure you.

**Brooklyn, N. Y.—"I am a firm believer in Lydia E. Pinkham's Vegetable Compound. I was a great sufferer from organic female troubles for years, and almost despaired of ever being well again. I had bearing-down pains, backache, headache and pains in my abdomen, and tried Mrs. Pinkham's Compound as a last resort. The result was astonishing, and I have used it and advocated it ever since. It is a great boon to expectant mothers. I have often said that I should like to have its merits thrown on the sky with a search-light so that women would read and be convinced that there is a remedy for their sufferings.**

**"My husband joins me in its praise. He has used it for kidney trouble and been entirely cured."—Mrs. E. A. Bishop, 1915 Atlantic Ave., Brooklyn, N. Y.**




**For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.**

**Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.**



W. N. U., DETROIT, NO. 21–1909.



# SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.

**Positively cured by these Little Pills.**

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS.

Genuine Must Bear Fac-Simile Signature

*Brent Good*

REFUSE SUBSTITUTES.



# Western Canada

MORE BIG CROPS IN 1908

160 ACRE FARMS IN WESTERN CANADA FREE

Another 60,000 settlers from the United States. New districts opened for settlement. 320 acres of land to each settler,—160 free homestead and 160 at $3.00 per acre.

"A vast rich country and a contented prosperous people." —*Extract from correspondence of a National Editor, whose visit to Western Canada, in August, 1908, was an inspiration.*

Many have paid the entire cost of their farms and had a balance of from $10.00 to $20.00 per acre as a result of one crop.

Spring wheat, winter wheat, oats, barley, flax and peas are the principal crops, while the wild grasses bring to perfection the best cattle that have ever been sold on the Chicago market.

Splendid climate, schools and churches in all localities. Railways touch most of the settled districts, and prices for produce are always good. Lands may also be purchased from railway and land companies.

For pamphlets, maps and information regarding low railway rates, apply to Superintendent of Immigration, Ottawa, Canada, or the authorized Canadian Government Agent:

M. V. McINNES, 176 Jefferson Avenue, Detroit, Michigan; or C. A. LAURIER, Sault Ste. Marie, Mich.



# Do You Love Your Child?

Then protect it from the dangers of croup to which every child is subject. Keep

## DR. D. JAYNE'S EXPECTORANT

in your home all the time, then you're ready for the sudden attacks of croup and colds. Neglect may cost you the life of your child. It's safest to be on your guard.

Dr. D. Jayne's Expectorant is the best remedy known for croup; it gives quickest relief.

*Sold everywhere in three size bottles*

*$1.00, 50c, 25c*



# Paxtine TOILET ANTISEPTIC

—NOTHING LIKE IT FOR—

**THE TEETH** Paxtine excels any dentifrice in cleansing, whitening and removing tartar from the teeth, besides destroying all germs of decay and disease which ordinary tooth preparations cannot do.

**THE MOUTH** Paxtine used as a mouth-wash disinfects the mouth and throat, purifies the breath, and kills the germs which collect in the mouth, causing sore throat, bad teeth, bad breath, grippe, and much sickness.

**THE EYES** when inflamed, tired, ache and burn, may be instantly relieved and strengthened by Paxtine.

**CATARRH** Paxtine will destroy the germs that cause catarrh, heal the inflammation and stop the discharge. It is a sure remedy for uterine catarrh.

Paxtine is a harmless yet powerful germicide, disinfectant and deodorizer. Used in bathing it destroys odors and leaves the body antiseptically clean.

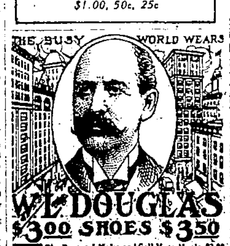
FOR SALE AT DRUG STORES, 50c. OR POSTPAID BY MAIL.

LARGE SAMPLE FREE!

THE PAXTON TOILET CO., BOSTON, MASS.



THE BUSY WORLD WEARS



# W. L. DOUGLAS $3.00 SHOES $3.50

$4.00 and $5.00 Shoes. $2.00 and $2.50 Shoes. Boys' Shoes $1.00 to $2.00

**The Reason I Make and Sell More Men's $3.00 and $3.50 Shoes Than Any Other Manufacturer** is because I give the wearer the benefit of the most complete organization of trained experts and skilled shoemakers in the country.

The selection of the leathers for each part of the shoe, and every detail of the making in every department, is looked after by the best shoemakers in the shoe industry. If I could show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, and wear longer than any other make.

*My Method of Tanning the Soles makes them More Flexible and Longer Wearing than any others.*

Shoes for Every Member of the Family, Men, Boys, Women, Misses and Children. For sale by shoe dealers everywhere.

**CAUTION!** None genuine without W. L. Douglas name and price stamped on bottom. Fast Color Eyelets used exclusively. Catalogue Mailed Free. W. L. DOUGLAS, 157 SPARK STREET, BROCKTON, MASS.



*Readers* of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.



# Insomnia

"I have been using Cascarets for Insomnia, with which I have been afflicted for twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all that they are represented."
Thos. Gillard, Elgin, Ill.

Pleasant, Palatable, Potent, Taste Good. Do Good. Never Sicken, Weaken or Gripe. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C C C. Guaranteed to cure or your money back. 926



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