

Rice's Davey dominates Mansfield 2-Mile



Rice's Pat Davey (Photograph by Robert Kozloff)

By ROBERT A. SKLAR

It was wet and windy at Mehoek Field on the campus of Malabar High in Mansfield, Ohio, Friday. But Pat Davey hardly wined.

Road-runner Rice senior whisked to the 43rd Mansfield Relays two-mile run championship.

Clocked in 9:08.3, he, in the process, posted a new relay target.

That sterling clocking eclipsed the old two-mile run standard of 9:15.2, set last year by Dayton (Ohio) Wilber Wright senior Rick Gardner.

RUNNER-UP TO Davey was Amherst-Steele (Ohio) Junior Pete Kuumant, 2.4 seconds back.

During the 20th Huron Relays last month at Eastern Michigan University, Kuumant nosed out Davey in the one-mile run by .2 seconds with a time of 4:20.7.

Finishing third behind Davey and Kuumant in Mansfield was Farmington senior Mike McGuire, 6.8 seconds off the pace.

Also competing in the two-mile

run was Birmingham Seaholm senior Don Walker, who crossed the line around the 10:00 mark.

DAVEY ASCRIBED his win to enough self-confidence to know he'd be in the thick of contention.

"I more or less ran my race," said Davey, in retrospect. "I ran the first mile slow, then made sure I wasn't outkicked."

"Pat looked pretty good, especially considering the weather conditions," Rice Coach Mike Popsen observed.

"Pat hasn't yet reached his full potential on the high school circuit," Popsen added. "We're hoping he can break nine seconds."

THE CURRENT national high school mark in the two-mile run is in the low 8:40s.

However, Davey said breaking that barrier is no forecast on his mind.

"My only goals," he said, "are to win. I'm not oriented toward times, just winning."

The Mansfield Relays annually bring together many of the midwest's finest prep tracksters.

The Observer & Eccentric SPORTS

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Hawk netters stop Canton

Farmington Harrison defeated Plymouth Canton, 5-2, last Wednesday in a Western Six tennis meet.

Harrison got off to a bad start by losing the first two singles matches before coming back to win the remaining two singles and three doubles contests. In No. 2 doubles, Harrison's John VanVleck and Lewis Corey stopped Bill Schuly and Scott Miller, 6-2, 6-1.

Coach Dennis King's Harrison team plays Waterford Mott at home on April 22.

Harrison-Plymouth Canton Singles - Steve Prater (Plymouth Canton) defeated Jeff Davis, 4-6, 6-2; Steve Moorhead (Plymouth Canton) defeated Ray Barwick, 6-2, 6-1; Ken Nozinski (Farmington Harrison) defeated Scott Skipper, 6-3, 6-1; Jerry Reed (Plymouth Canton) defeated Steve Prater, 6-4, 6-2. Doubles - John VanVleck and Lewis Corey (Plymouth Canton) defeated Bill Schuly and Scott Miller, 6-1, 6-1; Eric Weber and Lewis Sandy (Plymouth Canton) defeated Dave Doy and Greg Smith, 6-3, 6-1; Doug Korfman and Mike Dean (Plymouth Canton) defeated Mike Hauser and Tom Miller, 6-1, 6-2.

RU clips Farmington, 7-2

By KEN SCHIFF

Redford Union spoiled Farmington High School's baseball opener by beating the Falcons, 7-2, at Redford Union last Wednesday.

"The game went as expected," said Farmington coach Richard Roy. "We weren't ready so we made some mistakes in the field. We've only been outside to practice twice and we hadn't had any infield workouts. Once was in forty-degree weather, and on the nicest day of the year (Wednesday) we play our first game."

Redford Union scored seven runs in the first three innings to put the game out of reach. Farmington pitcher Dan Perry had an unearned run in the first inning, but then he became wild in the second. He walked four batters and gave up a single, but got out of the inning down only by two runs.

IN THE THIRD inning it was a different story as Redford scored five runs. Three runs, however, were unearned as Farmington committed two errors and Perry hit a Redford Union batter.

"They weren't hitting the ball particularly hard," Roy said. "They had ten hits but a few were bunt singles and infield hits."

Roy replaced Perry with Roy Dueto and he put the stopper on Redford Union, giving up just a walk and a hit in three innings of relief. "He's got good control," Roy said. "He has a

good curve and he puts the ball where he wants it."

Farmington's two runs came in the seventh inning as Bob Holton walked, Steve Koinis singled and Mitch Thomas singled to drive in Holton with the first run. With men on first and third, Ed Pazcos hit a sacrifice fly to get the second RBI.

Hawks' Hammer fans 15

Pitcher shines in loss

By KEN SCHIFF

Farmington Harrison pitcher Tim Hammer struck out 15 batters and allowed only three hits, but it wasn't enough as Plymouth Canton edged the Hawks, 2-1, in 10 innings last Wednesday.

Ironically, it was Hammer who let in the tying run on a balk in the seventh inning.

"It was a planned play," said Harrison coach John Herrington. "They (Canton) had a man on third with two out and two strikes on the batter and the runner broke for home and Tim balked. It was a good play."

"We didn't hit that well, but we've just been swinging at rubber balls in the gym and you can't practice hitting curves like that. I thought we were playing reasonably well toward the end of the game."

"I play a lot of people and we had quite a few juniors in there. It always takes a little time for us to put it to-

gether. I like to get ready for the league games. I took 11 players with me. They all played."

Centerfielder Steve Koinis led the Farmington hitters, with a double and a single in four at bats. First baseman Mitch Thomas, catcher Bill Willson and rightfielder Mike Hayes each had one hit.

That run tied the score at one all. The Hawks scored their lone run in the sixth inning on a base hit by Craig Valassis and a double by Steve Morrison.

CANTON WON the game in the tenth inning when catcher Tom Close, who got two of the three hits off Hammer, knocked in the go-ahead run with a double. A Canton hitter had singled earlier in the inning, setting up the winning play.

Harrison had a last chance in the bottom half of the tenth, but went down one-two-three.

"It was a well played game without many mistakes," Herrington said.

"This was only our second time on a diamond all season," the coach said. "The first was our first game at Highland Park. We've only been outside five times."

Farmington Harrison, in only its fourth year, is working to improve its facilities, according to Herrington.

"People donated materials to us and we put in the dugouts last year," Herrington said. "Right now we're putting in the benches. Once the weather breaks and we can get working, we'll have a pretty good facility."

Dirty Double Dozen at Lahser

Beehive of activity fills predawn hours

By DAVID GRUBER

Athletes at Bloomfield Hills Lahser bend over backward for the "Dirty Double Dozen."

It's a grueling, intensive, 24-day off season conditioning program designed to make boys into champions and keep champions at the peak of their power.

Four days a week for six weeks each spring, 88 to 90 athletes congre-



Dave Bartz bench presses 250 pounds Olympic-style. (Photograph by Robert Kozloff)

gate in and around the Lahser gym to engage in a merciless series of exercises. They begin at 6 a.m., before the rest of the world awakens, and they are ready for what will happen.

The exercises are broken down into three sets, each aimed at developing specific athletic traits.

RUNNING DRILLS, ranging from cariocas to "back-peddaling" to two-legged long jumps, help in the ac-

quisition of speed and balance. For toughness and coordination there are the grass drills: a few light tumbling exercises and what is ominously termed "fight-for-your-life wrestling."

"Explosive lifting and power drills" call for short bursts of weightlifting (on spanking new weightlifting equipment) to build up strength and endurance.

The participants divide into sub-groups of approximately 30 each and work through the drills in rotation. In 45 minutes it's all over. The earth stops trembling and the athletes turn to academics, worn out but feeling good.

PRESIDING OVER this profusion of activity is Lahser's winning head football coach, Ted Guthard.

"It's really impressive when you come in the gym and see 90 kids going through this intensely when most kids are still rolling over in their beds," Guthard said, not without a tinge of personal amazement in his voice.

"The fantastic thing is that we have close to 30 kids coming from the junior highs."

The Dirty Double Dozen, created primarily for the football team, attracts players from Lahser's spring sports teams and athletes from East Hills, West Hills and Bloomfield Junior High Schools.

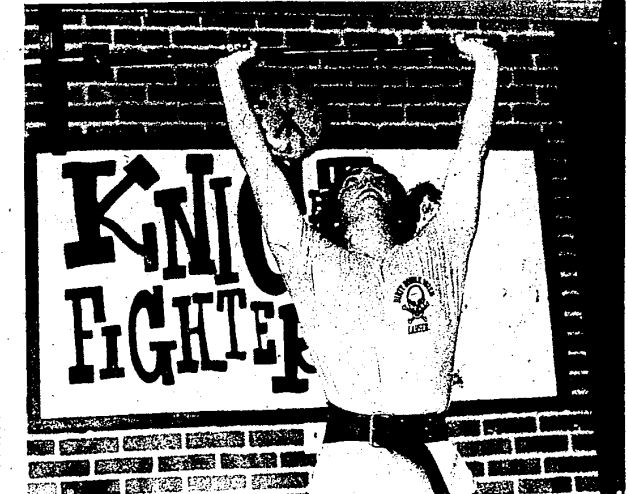
"We'll go into the alley with anyone!" - Ted Guthard

"AT FIRST the program is exhausting," Guthard admitted. "It wears them down."

But they improve, he said. To attest to that fact, Guthard noted that last year "we had two boys who said they could lift over 200 pounds."

Now, as a result of the program, are specifically the weightlifting drills, Guthard has 33 men bench pressing over 210 pounds and three men handling over 275 pounds.

Craig Meland and Fred Cromie, senior co-captains of Lahser's football



Doug Bonanomi accomplishes a military press, accentuating the 'Dirty Double Dozen's' Herculean underpinnings.

team, were recently striving for 300 pounds.

THE PROGRAM is a proven success and a definite hit with the athletes. Why such success? Hard work. Nothing is given away in the Dirty Double Dozen. No one is bailed; no one wants to be.

Guthard works on the philosophy that you get out of it what you put into it.

"Maybe I'm corny," Guthard remarked. "But the only time success

comes before work is in the dictionary."

What are the rewards of the program? For Lahser (and the other schools), a number of rugged, versatile, finely toned athletes, capable of posing a major threat in competition in any sport.

"WE'LL GO into the alley with anyone!" Guthard said adamantly, speaking of his own players. "Anybody who hasn't played us...who doesn't know..."

A psychological ingredient goes into his players' strength as well.

"Maybe we're tough because we don't think we are," Guthard conjectured. "Some people think they are and rest on those laurels. But maybe we don't think we are."

So they try harder. OTHER REWARDS are born through the spirit the program generates in those who participate in it only peripherally.