

Murray, a junior (Photograph by JEROME MAGID)

## Grabowski: top miler

Ed Grabowski reached another distinctive milestone on the preparack circuit Saturday during the Greater Kalamazoo Indoor Invitational.
Clocked in 4:22.5, the West Bloomfield High senior paced the one-mile run during the festivities at Western Michigan University's Teammates John Risk and Mark Penzein, both seniors, delivers biny supportive performances.

RISK CROSSED the line fifth in the 880-yard run. Penzein took

"WE POSTED some signifi-cant time drops which, hopefully, will pay off over our dual-meet season," he said.

The Lakers next will compete at 11 a.m. Saturday in the Waterford Relays at Waterford Township High.

They will resume dual-meet competition at 6:30 p.m. Tuesday when they host Coach Paul Dain's Bloomfield Hills Andover Barons in a Wayne-Oakland League opener.

#### Target: Austin

### Rice netters loom as spring king dethroner

By ROBERT A. SKLAR

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Strengthened by weekly winter
practices, Birmingham Brother
Rice's varsity netters potentially
could dethrone perennial Catholic
League tennis king Detroit Austin
this spring.
Last year, Coach Don McKerch
er's Rice Warriors ended with a
14-2 mark in Catholic League competition.

That mark brought second place behind Coach Ed Knuth's unbeaten Austin Friars in the Catholic League race, Overall, Rice wound up a shiny 16-3.

Hainline, a senior, again is number one-ranked singles seed. He's also a defending regional singles wound up a shiny 16-3.

"Brian has steadily gotten better momentum service black seell."

During the state class A tourney, the Warriors won their regional, while finishing among the top 10 teams during the finals.

THIS SEASON, McKercher wasted no time in launching limited workouts. He started them back in November at the newly opened Beverly Hills Racquet Club (BHRC).

(BHRC).

That's when BHRC, in an effort to bolster community relations, originally offered free early-morning court time to area high schools.

McKercher pegs such preseason sessions on the court as invaluable. "They help quite a bit," observed McKercher, beginning his fourth-year at the helm of the Warriors. "They elliminate the need for several days of working out just to regain, your stroke during the spring."

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WHAT'S THE secret to sustaining a strong prep racket power? Old-fashioned practice, McKercher says.

"In high school," he said, "learning and using the correct techniques are of prime concern, and you meet those concerns with lots of playing."

Rice lost four starters via graduation in 1973.

They were number two-ranked singles seed Tighe Keating and the number one-ranked doubles tandem of Brian Fisher and Bob Taylor.

HOWEVER, A talent-deep troupe of returnees lavishes the Warriors with jewel-like hopes for 1974.

Prominently cast in McKerch-er's latest cript for success are Brian Hainline and Mike Farah.

"Brian has steadily gouten between by competing against higher-caliber opponents," McKercher said. "In fact, one of Brian's regular practice opponents is his older brother, Jon, who's the head professional at Court House Tennis and Racquets Club in Farmington."

and Racquets Cuo in ...

FARAH, A junior, has moved up to number two-ranked singles seed.

Performing supportive parts are Mark Keating, Steve Mayer, John Burg and Jim Carney.

Keating and Mayer comprise the number one-ranked doubles pairing, Burg and Carney comprise the number doubles pairing Burg and Carney comprise the number doubles pairing all are seniors.

ing. Burg and Carney comprise the number doubles pair-ing. All are seniors. Top prospects include freshmen Paul Heinen, Brian Keating and John McGarth.

Jöhn McGarth.

McKERCHER'S APPROACH
to coaching teaches team harmony. It punctuates the importaance of striving to share, not to
dominate the limelight.

"We stress how each individual
game is worth only one point," Mckercher explained, "and how no
one player can win a match alone.

"We stress how, to win, everyone
has to pull together, with the veteran players lending helping hands
to the younger ones."
Rice will christen its 1974 campaign at 4 p.m. Monday when it
hosts Austin.

THAT BATTLE will mark the

hosts Austin.

THAT BATTLE will mark the first time ever the two prep tennis bellwethers have kicked off their seasons against each other. It should prove quite telling, according to McKercher.

As he perceptively put it, "In nothing else, we'll know exactly where we stand right off the bat.

# Karate taught to adults

By JIM BOCHENEK
Karate as an adult education class? If you live in the Birmingham area and want to try sour hand (and feet for that matter) at the sport, you are welcome to do so.

More than 170 people, both men and women, are enrolled in the Birmingham Karate Club with classes held at Derby Junior High. The program is under the direction of James Vanover, a first degree black belt expert.

"Most of the people who come

Most of the people who come

Most of the people who come

here to try karate do so for the exercise element as well as the self could see the club members in 212 to 60 enrolled here."

If a member passed the required tests, he was elevated one rank. If the member failed, he will be able to try again at the next opportunity, whether a person passes the tests or not he can still feel happy in the fact that he is learning an art that is both heautifult to watch and healthy recreation. It may also dome in handy one dark night on a come in handy one dark night on a country of the members in could see the club members in could see the club members in the could see the club members in could see the club member in could see the club member in could s

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Rice's Brian Hainline (Photo-graph by Robert Kozloff)







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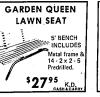
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