

Courses designed to help women cope

Registrations are being taken now at Wayne State University's College of Lifelong Learning for courses designed to help women cope with today's problems.

Jane Raitt, coordinator and coun-

selor of the Women's Study Program on the university's Southfield campus said the courses would benefit any woman desirous of stimulating intellectual growth, women seeking information regarding career planning or anyone who wishes to return to school.

There are also courses for the woman wishing to expand her horizons, the woman wishing to get in touch with herself and those in need of personal assistance in reshaping life goals.

"I AM WOMAN, WATCH ME GROW" consists of seven seminars touching upon the array of issues facing the American woman: socialization, human sexuality, decision-making and values clarification; inter-

action and communication and sexist justice.

The course is suggested as the first step for women getting in touch with themselves and the world around them," Ms. Raitt said. It is a two-credit course.

"Where do I go from here: career options for women" is designed to aid the participants to become more self-directed in exploring careers, educational opportunities, volunteer work or whatever fits her circumstances. Interest and ability tests will be given. It is a three-credit seminar course.

"Take the worry out of being female," is a self-awareness seminar focusing on the institutions that affect women's lives and the changing images and roles of women within the context of these institutions. Emphasis is on self-growth, self-awareness,

realistic goal planning skills and preparation for management positions. It is a two-credit course.

ALSO OFFERED on the Southfield campus is a Child Care Program, a two-year program organized to give immediate value in working with children.

Students will be prepared to meet the licensing regulations of the state for director of a day-care center or have credits accepted toward a bachelor's degree in human development and relationships in the department of family and consumer resources. Or, toward a bachelor's degree in human development and relationships in the department of family and consumer resources. Or, toward a bachelor's degree in the College of Lifelong Learning.

There are also a host of mini courses offered dealing with child development.

Also offered for fall are "Independent Theme Area Studies," "Women in Classical Antiquity," "Women and Politics," "Special Topics in Psychology: The Psychology of Women" and "Sociology of Sex Roles."

"A high school diploma is desirable but not essential," Ms. Raitt said. Individual counseling for the woman's program is available by appointment by calling 358-2104. The Southfield campus is located at 25619 W. Eleven Mile Road.



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Mothers on Move plan Troy program

Mothers On the Move, Ltd. (MOM) will hold a one-day conference for wives and mothers Sept. 23 at the Troy Hilton Inn.

Described as a day of inspiration and guidance, the program includes guest speakers and seminars.

MOM IS a recently organized club headed by Mrs. John VanWingenen of Farmington.

Millie Diener, international consultant for Christian Women's Clubs, and an associate of the Billy Graham Crusades, is the featured morning workshop speaker.

Fred Renich, president of Living Life Ministries, is the scheduled banquet speaker. Renich will discuss "The New Morality and the Family." Jill Renich, president of Winning Women, will conduct two daytime

seminars on "Establishing Family Heritage."

EIGHT SEMINARS have been planned throughout the day. Topics include, "Can a mother raise children alone successfully?," "A mother's world of finance," "Is your husband the man you thought you married?," "From birth to obedience," "Diapers, diapers and the blahs," "The wounded and crushed spirit," "There is conflict between husband and wife?"

Babysitting will be provided at the Troy Baptist Church, 3150 Rochester Road. There is a charge. Children should bring lunches.

For additional information on the conference and MOM contact Mrs. Jack Larson, 739-6043, or Mrs. John Fyfer, 731-0014, after 3 p.m.

Hungarian dinner set

Hungarian author-chef Louis Stathmary will visit Allen Park Sept. 21, on leave from "The Bakery" restaurant in Chicago, as guest of the Hungarian Heritage Room Committee for Wayne State University.

A fund-raising ethnic dinner, cooked by the culinary personality, will be held at the Hungarian Reformed Church Social Hall, 9901 Allen Road in Allen Park.

Ziggy Bella's Hungarian gypsy orchestra will provide music while dining. A fashion show of authentic Hungarian costume will be presented.

Funds raised will go towards decorating and furnishing a room for students at Wayne State University, to

enable them to pursue their studies in an authentic Hungarian learning environment.

Louis Stathmary is author of "The Chef's Secret Cook Book" and a soon-to-be-published "American Country." He has also edited a 1972 reprint series of 27 historic cook books in 15 volumes.

The dinner is limited to 200 people. For further information call 563-6535.

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Family picnic scheduled

Adoptive Parents of Asian Children members will hold a picnic from 11 a.m. to 5 p.m. Sept. 8 at the old Dodge State Park, Sterling Heights.

Families are requested to bring their own food.

Parents and prospective parents of Asian children may attend.

For additional information contact Judy Smith, 939-6286.

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