

# Precautions help offset potential emergencies

Taking safety precautions is the best way to handle potential emergencies with children, but if an unexpected crisis occurs, Juanita Fraick, Supervisor of Oakland County Public Health Nurses offers these suggestions.

In instances of serious injury or shock, try to keep the child awake and calm.

Do not panic; hysteria is contagious. An injured child should not be frightened by a worried parent. Never leave a child alone while you go for assistance. Have an adult stay with him, keeping him quiet until help arrives.

Burns—If a child is seriously burned wrap him in any clean garment and take him to emergency care immediately. If the burn is not serious, plunge the skin in ice water until the pain subsides. This will prevent blistering.

ELECTRIC SHOCK—In case of electric shock remove the child from the source of electric current by pulling the plug or dragging the child away from danger with a dry cloth or belt. Avoid making contact with the conductor of electrical current. Administer artificial respiration until normal breathing resumes and call for assistance.

Poisoning—Determine what the child has swallowed and if possible what amount was taken. Contact your family physician or Poison Control Center, Children's Hospital at 313-833-1000, Ext. 288. Keep the child warm and quiet and consult physician before inducing vomiting.

Do not induce vomiting if child is unconscious or poisoning has resulted from lye, gasoline, kerosene, furniture polish, cleaning fluids or other petroleum products. Take a container of the poison along with you to the doctor's office or hospital.

Choking—If a child is unconscious or turning blue from choking, try to

dislodge the obstruction by turning him upside down and slapping the back or by poking a finger down the throat to clear windpipe. Call for assistance.

FRACTURES—If a broken bone is suspected, do not move the child. Try to keep him warm and level until help arrives.

Eye injury—Cover the eye with a loose clean cloth. Do not try to remove anything from the injured eye. Keep the child's hands away from the eye while taking him to an emergency care unit.

Head Injury—If the child is knocked unconscious wait to see if he regains consciousness. Discourage a crowd

from gathering. If child does not regain consciousness shortly, do not move him, keep him warm and call for medical assistance.

Dog and cat bites—Cleanse wound with soap and water, cover with sterile bandage. Confine animal for period of 10 days to determine if it has rabies. Young children should be cautioned not to pull or poke animals. No

animal can be trusted if it is abused. DROWNING—Administer artificial respiration and call for medical assistance.

A good safety rule to follow is to have the numbers of local police, firemen, doctor and emergency medical units near the phone. Most Oakland County residents can obtain assistance by dialing 911.

## Foundation launches fund drive

The Retinitis Pigmentosa Foundation of Michigan will hold a public meeting at American Motors Restaurant at 7 p.m., Friday, Oct. 18. The restaurant is at the northwest corner of Plymouth Road and Mark Twain in Detroit.

Dr. Charles H. Batty, keynote speaker of the Berrin County Conference for Parents of exceptional children, will discuss "How parents cope with the ongoing problem of Retinitis Pigmentosa."

The foundation recently launched its membership drive for the 1974 season. Financial support will assure the continuance of vital research programs to find a cure or method to retard the growth of the disease.

Anyone interested in the meeting or a membership can write: The Michigan Pigmentosa Foundation, 6950 Woodside Trail, West Bloomfield, 48033.

## Nutrition series to start Tuesday

The Oakland Nutrition Committee will hold a series of five classes on the role of weight reduction and low cholesterol diet at Adams High School beginning from 7 to 9 p.m., Tuesday.

The high school is located at 3200 W. Wicken Road, Rochester.

The weekly two-hour sessions will be conducted by registered dietitians teaching behavioral modification techniques in weight control and exercise and diet planning.

For further information, contact the Michigan Heart Association at 537-9300.

The committee is a unit of the Michigan Heart Association, which is a member of the United Way of Michigan and is affiliated with the American Heart Association.

## Synagogue starts educational series

Beth Abraham Hillel's fall educational program will begin Tuesday and continue for 10 weeks at the synagogue, 5075 W. Maple, West Bloomfield.

Reading Hebrew for beginners and conversational Hebrew of everyone will start at 7:45 p.m.

Informal discussions will begin at 8:45 p.m. on such subjects as The State of Israel, the Jewish holidays, our prayers and Jewish world events.

Rabbi Israel Halpern, Dr. Harry Jubas, Cantor Israel Fuchs and guest speakers will lead the discussions.

Additional information may be obtained from the synagogue office.

## Clipped Wings set Tuesday meeting

The Detroit chapter of Clipped Wings, United Air Lines Stewardess Alumnae, will meet at 8 p.m., Tuesday at the home of Mrs. Gordon McLean, 4314 Knightsbridge Lane, West Bloomfield Hills.

Any former United stewardess interested in attending may call 681-2649.



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